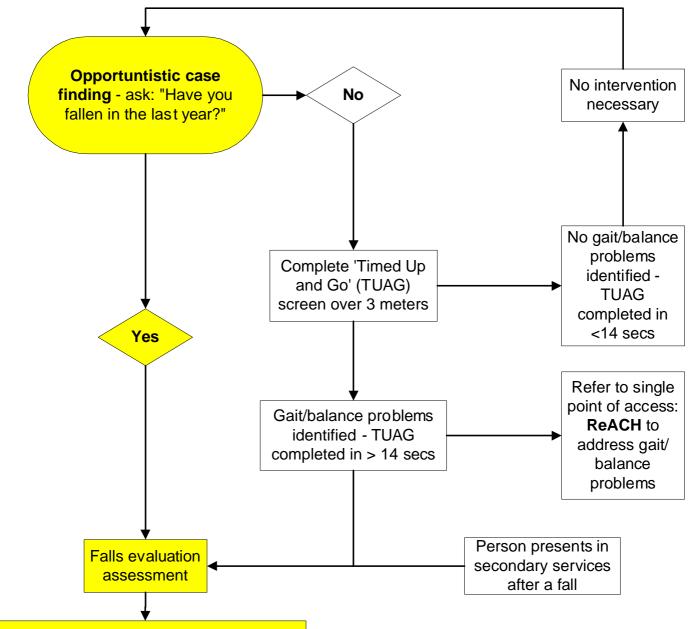
## = pathway for Scottish Enhanced Services Programme

# NHS Forth Valley Falls Pathway





#### **Assessment checklist:**

- History of falls
- Complete TUAG
- Medical issues: medication review; continence; cognition; BP; neurological; cardiovascular
- Environmental issues
- Vision
- Gait/balance/lower limb strength, foot problems
- Bone health risk factors

### Links:

NHS FV Osteoporosis Guidelines

http://nww.fv.scot.nhs.uk/clineff/Œ\_ClinicalGuidelines.asp

- Assessment Protocol
- SIGN/NICE/BGS/AGS

# Refer for multifactorial intervention as appropriate:

- Gait/balance/strengthening (Physiotherapy or ReACH)
- Environmental hazard (OT Social Services, Care and Repair)
- Visual problems (Optometrist)
- Foot problems impacting on gait/ balance (Podiatrist)
- Medication modification
- Postural hypertension (GP/Day Hospital/ or specialist falls clinic as appropriate)
- Refer for DEXA if appropriate

Date Implemented: April 2008 Review Date: April 2009

Author: Lesley Yarrow, AHP Consultant(Older Peoples Services), NHS Forth Valley