

## NHS Highland

Last updated: 08/08/2013

## **Diabetes**

Read Code	Screen Description	Read Code Description
Diagnosis		
C10E.	Type 1 diabetes mellitus	Type 1 diabetes mellitus
C10F.	Type 2 diabetes mellitus	Type 2 diabetes mellitus
C10	Diabetes mellitus – other/unknown	Diabetes mellitus
C10C.	Maturity onset diabetes of youth	Maturity onset diabetes of youth
<b>Locus of Care</b>	,	,
66AP.	Practice programme	Diabetes: practice programme
66AQ.	Shared care programme	Diabetes: shared care programme
<b>Current Treatment</b>	1 3	1 0
66A3.	On diet only	Diabetic on diet only
66A4.	On oral treatment	Diabetic on oral treatment
66As.	On non-insulin subcut treatment	Diabetic on subcutaneous treatment
66A5.	On insulin	Diabetic on insulin
66AV.	On insulin+oral treatment	Diabetic on insulin+oral treat
Ethnicity		
White	_	
9i21.	Scottish	Scottish – Ethnic cat 2001 census
9i0	Other British	British or mixed British 2001 cen
9i1	Irish	Irish – Ethnic category 2001 cen
9i2	Any other White background	Other white – Ethnic categ 2001 cen
Mixed	,	Ŭ
9i6	Any mixed background	Other mixed – Ethnic cat 2001 cen
Asian, Asian Scottish		
9i7	Indian	Indian or British Indian 2001 cen
9i8	Pakistani	Pakistani or Brit Pakistani 2001 cen
9i9	Bangladeshi	Bangladeshi or Brit Bangl 2001 cen
9iE	Chinese	Chinese – Ethnic category 2001 cen
9iA	Any other Asian background	Other Asian – Ethnic cat 2001 cen
Black, Black Scottish	or Black British	
9iB	Caribbean	Caribbean – Ethnic categ 2001 cen
9iC	African	African – Ethnic category 2001 cen
9iD	Any other Black background	Other Black – Ethnic cat 2001 cen
Other Ethnic backgrou	ınd	
9iF	Any other Ethnic background	Other Ethnic – Ethnic cat 2001 cen
Refused / Not stated b	y patient	
9iG	Ethnic category not stated	Ethnic category not stated
Height & Weight		
229	 Height	O/E - height
22A	Weight	O/E - Weight
22K	Body Mass Index	Body Mass Index
22N0.	Waist circumference	Waist circumference
<b>Blood Pressure</b>	_	
2469.	Systolic BP reading	O/E - Systolic BP reading
246A.	Diastolic BP reading	O/E - Diastolic BP reading
8BL0.	Maximal tolerated antihypertensive therapy	Pt on max tol antihypert ther
8I3Y.	Blood pressure procedure refused	BP procedure refused

4672. 4673. 4674. 4675. 4676. 4678. Lifestyle  137R. 137S. 1371. 1381. 1382. 1383. 1384. 1385.	Urine protein test not done Negative Trace + ++ ++ Proteinuria  Current smoker Ex smoker Never smoked tobacco Exercise physically impossible Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise Enjoys heavy exercise	Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise
4674. 4675. 4676. 4678. Lifestyle 137R. 137S. 1371. 1381. 1382. 1383. 1384. 1385.	Trace + ++ ++ Proteinuria  Current smoker Ex smoker Never smoked tobacco Exercise physically impossible Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise	Urine protein test = trace Urine protein test = + Urine protein test = ++ Urine protein test = +++ Proteinuria  Current smoker Ex smoker Never smoked tobacco Exercise physically impossib Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise
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1381. 1382. 1383. 1384. 1385.	Exercise physically impossible Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise	Exercise physically impossib Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise
1382. 1383. 1384. 1385.	Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise	Avoids even trivial exercise Enjoys light exercise Enjoys moderate exercise
1383. 1384. 1385.	Enjoys light exercise Enjoys moderate exercise	Enjoys light exercise Enjoys moderate exercise
1384. 1385.	Enjoys moderate exercise	Enjoys moderate exercise
1385.		* *
	Enjoye heavy evercice	
136	Lilions lieavy exercise	Enjoys heavy exercise
100	Alcohol consumption	Alcohol consumption
6896.	Depression screening completed	Depression screen using que
Lifestyle advice		
8CA41	Patient advised re diabetic diet	Patient advised re diabetic d
66At.	Diabetic dietary review	Diabetic dietary review
66At0	Type I diabetic dietary review	Type I diabetic dietary review
66At1	Type II diabetic dietary review	Type II diabetic dietary review
8Hj0	Referral to diabetes education programme	Referral to diabetes education programme
8CA40	Patient advised re weight reducing diet	Patient advised re weight red diet
6798.	Health education - exercise	Health education – exercise
6792.	Health education - alcohol	Health education - alcohol
8CAL.	Smoking cessation advice	Smoking cessation advice

Foot Examination		
24EB.	Right foot pulses present	Right foot pulses present
24EA.	Right foot pulses absent	Right foot pulses absent
24FB.	Left foot pulses present	Left foot pulses present
24FA.	Left foot pulses absent	Left foot pulses absent
29BB.	10g monofilament sensation R normal	10g monofilament sensation R normal
29B9.	10g monofilament sensation R abnormal	10g monofilament sensation R abnormal
29BC.	10g monofilament sensation L normal	10g monofilament sensation L normal
29BA.	10g monofilament sensation L abnormal	10g monofilament sensation L abnormal
2G5E.	Right diabetic foot at low risk	Right diabetic foot at low risk
2G5F.	Right diabetic foot at moderate risk	Right diabetic foot at moderate risk
2G5G.	Right diabetic foot at high risk	Right diabetic foot at high risk
2G5H.	Right diabetic foot ulcerated	Right diabetic foot ulcerated
2G5I.	Left diabetic foot at low risk	Left diabetic foot at low risk
2G5J.	Left diabetic foot at moderate risk	Left diabetic foot at moderate risk
2G5K.	Left diabetic foot at high risk	Left diabetic foot at high risk
2G5L.	Left diabetic foot ulcerated	Left diabetic foot ulcerated

HbA1c Diabetic control		
42W5. 8BL2.	HbA1c level - IFCC standardised Maximal tolerated therapy for	HbA1c level - IFCC standardised Maximal tolerated therapy for diabetes
eGFR / Creatinine	diabetes	
451F.	- eGFR	Glomerular Filtration Rate
44J3.	Serum creatinine	Serum creatinine
Serum Cholesterol &	Serum creatinine	Serum creatinine
HDL		
44PH.	Total cholesterol measurement	Total cholesterol measurement
44P5.	Serum HDL cholesterol level	Serum HDL cholesterol level
8163.	Statin not indicated	Statin not indicated
8127.	Statin contraindicated	Statin contraindicated
8I3C.	Statin declined	Statin declined
U60CA	Statin causing adverse effect	Statin causing adverse effect
8176.	Statin not tolerated	Statin not tolerated
8BL1.	Maximal tolerated lipid lowering	Maximal tolerated lipid lowering
	therapy	therapy
Other Blood Tests	_	
414	Sample sent to lab. for test	Sample sent to lab. for test
Urine Albumin Status	<del>-</del>	
46W	Urinary microalbumin test done	Urinary microalbumin test done
46TC.	Urine albumin/creatinine ratio	Urine albumin/creatinine ratio
44ID.	Urine protein/creatinine ratio	Urine protein/creatinine ratio
46N1.	Urine protein normal	Urine protein normal
R1103	Microalbuminuria	Microalbuminuria
R1100	Albuminuria	Albuminuria
ACE/A2 Antag Use	- ACC inhihitar prophyloxia	ACE inhihitar prophyloxia
8B6B.	ACE inhibitor prophylaxis ACE inhibitor contraindicated	ACE inhibitor prophylaxis
8l28.		ACE inhibitor contraindicated
8I3D.	ACE inhibitor declined	ACE inhibitor declined
U60C4	ACE inhibitor causing adverse effects	ACE inhibitor causing adverse effects
8B6E.	Angiotensin II antagonist prophylaxis	Angiotensin II antagonist prophylaxis
8I2H.	Angiotensin II antagonist	Angiotensin II antagonist
	contraindicated	contraindicated
8I3P.	Angiotensin II antagonist declined	Angiotensin II antagonist declined
U60CB	Angiotensin II antagonist causing	Angiotensin II antagonist causing
	adverse effects	adverse effects
Agreed Management		
Plan/Med Review 66AR.	_ Diabetes management plan given	Diabetes management plan given
8B3V.	Medication review done	Medication review done
6719.	Care discussed with consultant	Discussed with consultant
Retinal Screening	care dicodocca with consultant	Discussed Will confeditant
68A7.	Diabetic retinopathy screening	Diabetic retinopathy screening
9N2e.	Seen by ophthalmologist	Seen by ophthalmologist
8I6F.	Diabetic retinopathy screening not	Diabetic retinopathy screening not
	indicated	indicated
8I3X.	Diabetic retinopathy screening	Diabetic retinopathy screening refused
Influence Meet 1 - 41	refused	
Influenza Vaccination	-	1.0
65ED.	Influenza vaccination given	Influenza vaccination given
14LJ.	Influenza vaccination allergy	Influenza vaccination allergy
8I2F0	Influenza vaccination contraindicated	Influenza vaccination contraindicated

9OX51 Exception reporting	Influenza vaccination declined	Influenza vaccination declined
9h41.	- Patient unsuitable	Patient unsuitable
9h42.	Informed dissent	Informed dissent
JIITZ.	miormod diodoni	miorinea diosent
Sexual Dysfunction Complications		
677A.	Psychosexual counselling	Psychosexual counselling
E2273	Impotence	Impotence
8Hj0	Diabetic assessment of erectile	Diabetic assessment of erectile
	dysfunction	dysfunction
66AV.	Diabetic assessment of erectile	Diabetic assessment of erectile
4040	dysfunction	dysfunction
1D1B	Does not complain of erectile	Does not complain of erectile
Cardiovascular	dysfunction	dysfunction
Complications		
G20	Essential hypertension	Essential hypertension
G30z.	Acute myocardial infarction	Acute myocardial infarction
792	Coronary artery operations	Coronary artery operations
G3z	Ischaemic heart disease	Ischaemic heart disease
G64z.	Cerebral infarction	Cerebral infarction
G61	Intracerebral haemorrhage	Intracerebral haemorrhage
G66	Stroke/CVA unspecified	Stroke/CVA unspecified
G73z.	Peripheral vascular disease	Peripheral vascular disease
<b>Renal Complications</b>	•	·
R1103	- Microalbuminuria	Microalbuminuria
R1100	Albuminuria	Albuminuria
K050.	End stage renal failure	End stage renal failure
Feet Complications	· ·	·
M271.	- Foot ulcer	Foot ulcer (S)
G73z.	Peripheral vascular disease	Peripheral vascular disease
7L062	Amputation above knee R	Amputation above knee
7L064	Amputation below knee R	Amputation below knee
7L07.	Amputation of foot R	Amputation of foot
7L08.	Amputation of toe R	Amputation of toe
7L062	Amputation above knee L	Amputation above knee
7L064	Amputation below knee L	Amputation below knee
7L07.	Amputation of foot L	Amputation of foot
7L08.	Amputation of toe L	Amputation of toe
Eye Complications	, a	,
F490z	Blindness both eyes	Blindness both eyes
F420.	Diabetic retinopathy	Diabetic retinopathy
F421.	Background retinopathy	Background retinopathy
F4202	Preproliferative diabetic retinopathy	Preproliferative diabetic retinopathy
	,	,